

# LANDMARK CHIROPRACTIC HEALTH PROFILE

Name \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Male/Female

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Email Address \_\_\_\_\_

Occupation \_\_\_\_\_ Employer's Name \_\_\_\_\_

Single / Married / Divorced / Widowed      Spouse's Name \_\_\_\_\_

Number of Children \_\_\_\_\_ Names, Ages & Gender \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

**LIST YOUR HEALTH CONCERNS BELOW**

Health Concerns: List according to severity	Rate of Severity 1 = mild 10 = unbearable	When did this episode start?	If you had the condition before, when?	Did the problem begin with an injury?	Are symptoms constant or intermittent?
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____

HAVE YOU EVER SEEN OTHER DOCTORS FOR THESE CONDITIONS?    YES / NO

CHIROPRACTOR? \_\_\_\_\_ MEDICAL DOCTOR? \_\_\_\_\_ OTHER \_\_\_\_\_

WHO AND WHEN? \_\_\_\_\_

**CIRCLE ALL CURRENT PROBLEMS YOU HAVE**

- |                       |                           |                         |                        |                       |
|-----------------------|---------------------------|-------------------------|------------------------|-----------------------|
| <i>DIZZINESS</i>      | <i>THROAT ISSUES</i>      | <i>KIDNEY PROBLEMS</i>  | <i>LIVER DISEASE</i>   | <i>NERVOUSNESS</i>    |
| <i>HEADACHES</i>      | <i>THYROID PROBLEMS</i>   | <i>MID BACK PAIN</i>    | <i>SHOULDER PAIN</i>   | <i>EPILEPSY</i>       |
| <i>VERTIGO</i>        | <i>ASTHMA</i>             | <i>IRRITABLE BOWEL</i>  | <i>CHRONIC FATIGUE</i> | <i>DISC PROBLEM</i>   |
| <i>EAR INFECTIONS</i> | <i>ULCERS</i>             | <i>SCIATICA</i>         | <i>LUPUS</i>           | <i>INFERTILITY</i>    |
| <i>NAUSEA</i>         | <i>NUMBNESS IN ARMS</i>   | <i>NUMBNESS IN LEGS</i> | <i>FIBROMYALGIA</i>    | <i>GASTRIC REFLUX</i> |
| <i>TMJ</i>            | <i>NUMBNESS IN HANDS</i>  | <i>NUMBNESS IN FEET</i> | <i>CHEST PAIN</i>      |                       |
| <i>NECK PAIN</i>      | <i>MENSTRUAL DISORDER</i> | <i>LOW BACK PAIN</i>    | <i>ARM PAIN</i>        | <i>OTHER</i> _____    |
| <i>MIGRAINES</i>      | <i>HEART DISORDERS</i>    | <i>HIP PAIN</i>         | <i>ADD/ADHD</i>        | _____                 |
| <i>ANXIETY</i>        | <i>STOMACH DISORDERS</i>  | <i>LEG PAINS</i>        | _____                  | _____                 |
| <i>CHRONIC SINUS</i>  | <i>BLADDER PROBLEMS</i>   | <i>KNEE PAIN</i>        | _____                  | _____                 |

**CIRCLE ANY CONDITION YOU HAVE NOW/ HAVE HAD:**

STROKE    CANCER    HEART DISEASE    SPINAL SURGERY    SEIZURES    SPINAL BONE FRACTURE    SCOLIOSIS    DIABETES

LIST ALL SURGICAL OPERATIONS AND YEARS \_\_\_\_\_

LIST ALL Over the Counter & PRESCRIPTION MEDICATIONS YOU ARE ON:

WHEN WAS YOUR LAST AUTO ACCIDENT \_\_\_\_\_

HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE?    YES / NO

IF YOU HAVE, DR. & DATE \_\_\_\_\_

HAVE YOU EVER BEEN KNOCKED UNCONCIOUS?    YES / NO                      FRACTURED A BONE?    YES / NO

IF YES, PLEASE DESCRIBE \_\_\_\_\_

OTHER TRAUMA: \_\_\_\_\_

WHAT IS YOUR PRIMARY REASON FOR WANTING TO BE EVALUATED BY A CHIROPRACTOR?

- PREVENTION
- MAINTENANCE
- IMPROVEMENT OF HEALTH
- OTHER \_\_\_\_\_

IF THIS HEALTH PROFILE IS FOR A MINOR/CHILD, PLEASE FILL OUT AND SIGN BELOW **WRITTEN CONSENT**

**FOR A CHILD**

NAME OF PRACTICE MEMBER WHO IS A MINOR/CHILD \_\_\_\_\_

I AUTHORIZE DR. ANDREW OESTREICH AND ANY AND ALL LANDMARK CHIROPRACTIC STAFF TO PERFORM DIAGNOSTIC PROCEDURES, RADIOGRAPHIC EVALUATIONS, RENDER CHIROPRACTIC CARE AND PERFORM CHIROPRACTIC ADJUSTMENTS TO MY MINOR/CHILD.

AS OF THIS DATE, I HAVE THE LEGAL RIGHT TO SELECT AND AUTHORIZE HEALTH CARE SERVICES FOR MY MINOR/CHILD. IF MY AUTHORITY TO SELECT AND AUTHORIZE CARE IS REVOKED OR ALTERED, I WILL IMMEDIATELY NOTIFY LANDMARK CHIROPRACTIC.

\_\_\_\_\_  
DATE

\_\_\_\_\_  
GUARDIAN SIGNATURE

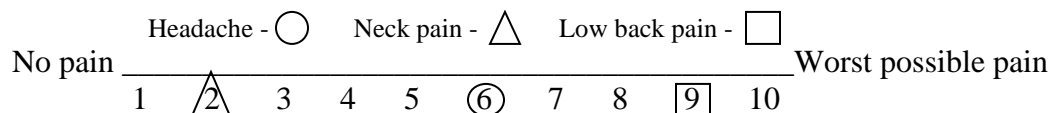
\_\_\_\_\_  
WITNESS SIGNATURE

\_\_\_\_\_  
GUARDIAN'S RELATIONSHIP TO MINOR / CHILD

## VISUAL ANALOGUE SCALE (VAS)

Please circle the number that best describes the question asked. If you have more than one complaint, please answer each question for each individual complaint and indicate the score of each complaint. **Use a different symbol for each of your own complaints.**

### EXAMPLE:



1. How would you rate your pain RIGHT NOW?

0 1 2 3 4 5 6 7 8 9 10

**Key: Use your own complaints**

○ : \_\_\_\_\_

2. What is your typical or AVERAGE pain?

0 1 2 3 4 5 6 7 8 9 10

△ : \_\_\_\_\_

□ : \_\_\_\_\_

3. What is your pain level at its WORST? (How close to 10 does your pain get at its worst?)

0 1 2 3 4 5 6 7 8 9 10

4. What daily activities are being restricted by your current health problems?  
(i.e.; 2 activities of daily living that are limited by your health conditions)

A. \_\_\_\_\_

B. \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

## X-RAY AUTHORIZATION

AS YOUR HEALTHCARE PROVIDER, WE ARE LEGALLY RESPONSIBLE FOR YOUR CHIROPRACTIC RECORDS. WE MUST MAINTAIN A RECORD OF YOUR X-RAYS IN OUR FILES.

AT YOUR REQUEST, WE WILL PROVIDE YOU WITH A COPY OF YOUR X-RAYS IN OUR FILES.

**THE FEE FOR COPYING YOUR X-RAYS IS \$60.00. THIS FEE MUST BE PAID IN ADVANCE.**

DIGITAL X-RAYS ON CD WILL BE AVAILABLE WITHIN 72 HOURS OF PREPAYMENT ON ANY REGULAR PRACTICE HOURS DAY.

**PLEASE NOTE:** X-RAYS ARE UTILIZED IN THIS OFFICE TO HELP LOCATE AND ANALYZE **VERTEBRAL SUBLUXATIONS.**

THESE X-RAYS ARE NOT USED TO INVESTIGATE FOR MEDICAL PATHOLOGY. THE DOCTORS OF LANDMARK CHIROPRACTIC DO NOT DIAGNOSE OR TREAT MEDICAL CONDITIONS; HOWEVER, IF ANY ABNORMALITIES ARE FOUND, WE WILL BRING IT TO YOUR ATTENTION SO THAT YOU CAN SEEK PROPER MEDICAL ADVICE.

**BY SIGNING BELOW YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS.**

\_\_\_\_\_  
PRINT YOUR NAME HERE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
YOUR AGE

**FEMALE PATIENTS ONLY:** TO THE BEST OF MY KNOWLEDGE, I BELIEVE I AM NOT PREGNANT AT THE TIME X-RAYS ARE TAKEN AT LANDMARK CHIROPRACTIC.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

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## Pregnancy

In order to provide you with the best and most effective care we can provide, please answer the following questions to the best of your ability.

Estimated Due Date: \_\_\_\_\_

Name of OBGYN/Midwife: \_\_\_\_\_

Will you be using a Doula? \_\_\_\_\_

Preferred location of Delivery? \_\_\_\_\_

Are you aware of any complications specific to your pregnancy? If so, what are they? \_\_\_\_\_

\_\_\_\_\_



## **Terms of Acceptance**

In order to provide for the most effective healing environment, most effective application of chiropractic procedures, and the strongest possible doctor-patient relationship, it is our wish to provide each patient with a set of parameters and declarations that will facilitate the goal of optimum health through chiropractic.

To that end, we ask that you acknowledge the following point regarding chiropractic care and the services that are offered through this clinic:

- A. Chiropractic is a very specific science, authorized by law to address spinal health concerns and needs. Chiropractic is a separate and distinct science, art and practice. It is not the practice of medicine.
- B. Chiropractic seeks to maximize the inherent healing power of the human body by restoring normal nerve functions through the adjustment of spinal subluxation(s). Subluxations are deviations from normal spinal structures and configurations that interfere with normal nerve processes.
- C. The chiropractic adjustment process, as defined in the law of this jurisdiction, involves the application of a specific directional thrust to a region or regions of the spine with the specific intent of re-positioning misaligned spinal segments. This is a safe, effective procedure applied over one million times each day doctors of chiropractic in the United States alone.
- D. A thorough chiropractic examination and evaluation is part of the standard chiropractic procedure. The goal of this process is to identify any spinal health problems and chiropractic needs. If during this process, any condition or question outside the scope of chiropractic is identified, you will receive a prompt referral to an appropriate provider or specialist, according to the initial indications of the need.
- E. Chiropractic does not seek to replace or compete with your medical, dental or other type(s) of health professionals. They retain responsibility for care and management of medical conditions. We do not offer advice regarding treatment prescribed by others.
- F. Your compliance with care plans, home and self-care, etc., is essential to maximum healing and optimal health through chiropractic
- G. We invite you to speak frankly to the doctor on any matter related to your care at this facility, its nature, duration, or cost, in what we work to maintain as a supporting, open environment.

By my signature below, I have read and fully understand the above statements.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my satisfaction. I therefore accept chiropractic care on this basis.

\_\_\_\_\_  
**(Signature)**

\_\_\_\_\_  
**(Date)**

### ***Notice of Privacy Practices Acknowledgement***

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that this information can and will be used to:

1. Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physicians certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclosed to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

\_\_\_\_\_  
**(Signature)**

\_\_\_\_\_  
**(Date)**

## **INFORMED CONSENT FOR CHIROPRACTIC CARE**

CHIROPRACTIC CARE, LIKE ALL FORMS OF HEALTH CARE WHILE OFFERING CONSIDERABLE BENEFITS MAY ALSO PROVIDE SOME LEVEL OF RISK. THIS LEVEL OF RISK IS MOST OFTEN VERY MINIMAL, YET IN RARE CASES, INJURY HAS BEEN ASSOCIATED WITH CHIROPRACTIC CARE. THE TYPES OF COMPLICATIONS THAT HAVE BEEN REPORTED SECONDARY TO CHIROPRACTIC CARE INCLUDE: SPRAIN/STRAIN INJURIES, IRRITATION OF A DISC CONDITION, AND RARELY, FRACTURES. ONE OF THE RAREST COMPLICATIONS ASSOCIATED WITH CHIROPRACTIC CARE OCCURRING AT A RATE BETWEEN ONE INSTANCE PER ONE MILLION TO ONE PER TWO MILLION CERVICAL SPINE (NECK) ADJUSTMENTS MAY BE A VERTEBRAL INJURY THAT COULD LEAD TO A STROKE.

PRIOR TO RECEIVING CHIROPRACTIC CARE IN THIS CHIROPRACTIC OFFICE, A HEALTH HISTORY AND PHYSICAL EXAMINATION WILL BE COMPLETED. THESE PROCEDURES ARE PERFORMED TO ASSESS YOUR SPECIFIC CONDITIONS, YOUR OVERALL HEALTH AND IN PARTICULAR YOUR SPINAL HEALTH. THESE PROCEDURES WILL ASSIST US IN DETERMINING IF CHIROPRACTIC CARE IS NEEDED, OR IF ANY FURTHER EXAMINATIONS OR STUDIES ARE NEEDED. IN ADDITION, THEY WILL HELP US DETERMINE IF THERE IS ANY REASON TO MODIFY YOUR CARE OR PROVIDE YOU WITH A REFERRAL TO ANOTHER HEALTH CARE PROVIDER. ALL RELEVANT FINDINGS WILL BE REPORTED TO YOU ALONG WITH A CARE PLAN PRIOR TO BEGINNING CARE.

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**I UNDERSTAND AND ACCEPT THAT THERE ARE RISKS ASSOCIATED WITH CHIROPRACTIC CARE AND GIVE CONSENT TO THE EXAMINATION THAT THE DOCTOR DEEMS NECESSARY AND THE CHIROPRACTIC CARE, INCLUDING SPINAL ADJUSTMENTS, AS REPORTED FOLLOWING MY ASSESSMENT.**

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PRINT PRACTICE MEMBER'S NAME HERE

---

PRACTICE MEMBER'S SIGNATURE

---

DATE

**IF PRACTICE MEMBER IS A MINOR/CHILD, PARENT OR GUARDIAN MUST SIGN BELOW.**

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SIGNATURE OF PRACTICE MEMBER OR GUARDIAN

---

DATE

---

RELATIONSHIP TO MINOR/CHILD

---

WITNESS SIGNATURE (OFFICE STAFF)

---

DATE

## FAMILY HEALTH HISTORY

THIS FORM IS TO ASSIST THE DOCTORS BY PROVIDING PAST HEALTH HISTORY INFORMATION  
FOR THEIR REVIEW.

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PLEASE PRINT YOUR NAME HERE

CONDITION	SPOUSE	SON	DAUGHTER	MOTHER	FATHER
ARM PAIN					
ARTHRITIS					
ASTHMA					
ADD/ADHD					
ALLERGIES					
BACK TROUBLE					
BED WETTING					
CANCER					
CARPAL TUNNEL					
DECEASED					
DIABETES					
DIGESTIVE PROBLEMS					
DISC PROBLEMS					
EAR INFECTIONS					
FIBROMYALGIA					
HEADACHES					
HEARTBURN					
HIGH BLOOD PRESSURE					
HIP PAIN					
LEG PAIN					
MENSTRUAL DISORDER					
MIGRAINES					
NECK PAIN					
SCOLIOSIS					
SHOULDER PAIN					
SINUS TROUBLE					
TMJ					